



# trainxtra

## SEJAL THAKKAR

KEYNOTE SPEAKER


### ABOUT ME

Ignite your next event with an extraordinary facilitator who delivers impact, inspiration, and transformation. Sejal stands ready to captivate your audience, leaving a lasting imprint on their hearts and minds.

With an unwavering passion for empowering others, Sejal brings an unparalleled level of energy, authenticity, and relatability to the stage. She effortlessly connects with diverse audiences through her magnetic presence, engaging storytelling, and unique ability to tailor her message to resonate with your attendees.


By seamlessly blending personal experiences, legal expertise, and real-world examples, Sejal challenges conventional thinking, ignites conversations, and catalyzes positive change. Experience the transformative impact as she empowers your audience, leaving them motivated, enlightened, and equipped with actionable insights. Let her dynamic presence set the stage for a memorable and impactful event.

### CONTACT

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### EMBRACING DIVERSITY: UNLEASHING THE POWER OF INCLUSION

Discover three transformative steps to dismantling internal biases and fostering an inclusive culture. Gain insights into the origins of biases and how they shape thoughts and actions. Feel empowered to create an environment where every individual can contribute their unique talents. Join Sejal on a journey that challenges the status quo, unleashes the potential of diversity, and ignites positive change.

### UNVEILING UNCONSCIOUS BIAS: THE PATH TO EMPATHY

Delve into the concept of unconscious bias and its impact on our perceptions and decision-making processes. Discover practical ways to recognize and challenge biases, foster empathy, and create a more inclusive environment.

### INTERSECTIONALITY MATTERS: EMBRACING MULTIDIMENSIONAL DIVERSITY

Explore the concept of intersectionality and how various aspects of identity intersect and influence individuals' experiences. Foster a deeper understanding of the challenges faced by individuals with multiple identities and create a more inclusive space.

### FROM INCIVILITY TO INCLUSION: UNCOVERING THE ROOT CAUSES

Address the rising prevalence of workplace incivility and learn actionable strategies to counteract it. From addressing insensitive comments to combating discrimination and harassment, Sejal guides you along the spectrum of incivility while unraveling the root causes, empowering organizations to cultivate a culture of respect and inclusivity.

**Go from longing to belonging. Watch my TEDx talk to learn how: Harness the Power of Exclusion and Go from Longing to Belonging**

**Can you manage your bias with your "H.A.T"?**

**Watch my TEDx talk to learn more:**

**Sejal Thakkar: The Pain, Power, and Paradox of Bias | TED Talk**